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SERVICES & MASS INTENTIONS THIS WEEK

Sat 31 Oct	**Vigil for All Saints Day**
5.00pm	*Holy Hour*
6.00pm	*Lilian George. RIP*
Sun 01 Nov	**All Saints Day**
08.00am	*Deceased relatives and friends of D' Cunha Family. RIP*
10.30am	*Our Parish Community*
Mon 02 Nov	**All Souls Day**
09.30am	*Mass for the Holy Souls*
Tue 03 Nov	**Tuesday in Ordinary Time**
09.30am	*Theopillai S. Jesudasan. RIP*
Wed 04 Nov	**St Charles Borromeo, Bishop**
	NO MASS
Thu 05 Nov	**Thursday in Ordinary Time**
09.30am	*Rufino and Catherine D'Souza. RIP Anniversary*
10.00am	*Holy Hour*
Fri 06 Nov	**Friday in Ordinary Time**
09.30am	*Intentions of the Sick*
Sat 07 Nov	**Vigil for the Thirty-Second Sunday in Ordinary Time**
5.00pm	*Holy Hour*
6.00pm	*Our Parish Community*
Sun 08 Nov	**Thirty-Second Sunday in Ordinary Time**
08.00am	*Tom Byrne. RIP*
10.30am	*The Fallen in Wars and other Conflicts*

This week the Church Porch will remain open for private prayer (except Wednesday) until approx. 5pm.

Adoration & Confessions on Thursday at 10am and Saturday at 5pm

Follow Fr David on Facebook: *stteresasnewburypark*

WHILE YOU ARE VISTING THE CHURCH. PLEASE ENSURE YOUR MOBILE PHONE IS SWITCHED OFF/TURNED TO SILENT. ALSO, THAT YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS.

PARISH NEWSLETTER
St Teresa's Catholic Church

The Presbytery, Brook Rd, IG2 7JA
Parish Priest: Rev Fr David Pearce
Tel: 0208 590 2414 Mobile: 07745 914 304
Email: newburypark@brcdt.org
Website: stteresasnewbpark.com
Parish Office Hours: Mon & Tue 10.30am - 2pm; Fri 10am-1pm
Reg Charity 234092



ALL SAINTS DAY — 01 NOVEMBER 2026

Dear All,
For the past few weeks, I have been talking about hooks on which to hang our prayer. I have been using the acronyms "A.C.T.S" (Adoration/Contrition/Thanksgiving/ Supplication). This week I would like to pick up where I left off last week talking about Thanksgiving. Aside from the fact of our existence, he sent prophets to warn us. Chance after chance was given. Finally, he sent his only begotten son. If you are looking for an initial text to stir up a spirit of gratitude I can think of no better than this text from St John Henry Newman's poem Dream of Gerontius:

"Go forth upon thy journey, Christian soul!
Go from this world! Go, in the Name of God
The Omnipotent Father, Who created thee!
Go, in the Name of Jesus Christ our Lord,
Son of the living God, Who bled for Thee!
Go, in the Name of the Holy Spirit,
Who Hath been poured out on thee!"

We have been created out of love. When we fell – and we are all sinners deserving of condemnation – his very Son was sent to redeem us. Having done all of this he promised never to leave us orphans. His Spirit was poured out upon us at Pentecost. This is a case for rejoicing. When you decide to pray in thanksgiving why not start by saying those words above: they may be said at the time of death, but they were said about what God did for them while still alive…! When we think of these, we become aware of the regard in which we are held. We are all adopted children of God. We are all, God willing, trying to make our way through our fallen world trying to choose right from wrong. At times it can seem an uphill slog, and it is at these times above all that gratitude is most needed. Gratitude reminds us of all the good things that our path has been strewn with. You have often heard me speak of the wisdom of Alcoholics Anonymous and the other twelve step fellowship. The founders were ever wary of the danger of nursing grudges and holding resentments. Gratitude helps put resentments in perspective. Indeed, there is a saying: "A grateful alcoholic doesn't drink"

Why not at the end of each day make a list of anything that has gone well for you? It can be as simple as seeing a rainbow or the smile of a grandchild. As you look back over your life you can give thanks to the parents who nurtured the life which God first imbued you with.

God bless, *Fr David*

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and
unite myself wholly to You. Never permit me to be separated from You. Amen.

PRAYER WHEN YOU ARE UNABLE TO BE AT MASS

Dear Guardian Angel, go for me to the church, there kneel down at Mass for me. At the Offertory, take me to God, and offer Him my service: What I am, what I have, offer as my gift. At the Consecration, with your seraphic strength, adore my Saviour truly present, praying for those who have loved me, for those who have offended me, and for those now deceased, that the blood of Jesus may purify them all. During Holy Communion, bring to me the Body and Blood of Jesus uniting Him with me in spirit, so that my heart may become His dwelling place. Plead with Him, that through His sacrifice all people throughout the world may be saved. When the Mass ends, bring home to me and to every home, the Lord's blessing. Amen.

CHURCH ROTAS

This Week		07-08 Nov			
Cleaning Team	A		**6pm**	**8am**	**10.30am**
Altar Linen	Tamsin	**Readers**	Ron	Francis	Joe
Offertory Counters	Michael & Sid	**Eucharistic Ministers**	Doreen	Wilma	Sandra
		Flowers	Pat, Mary, Glenda		

ANNIVERSARIES FOR NOVEMBER Gertrude Abado, Richard Burke, Mary Carter, Joan Clark, Piedade D'Souza, Josephine Donovan, Monica Field, Mary Fontenelle, Edward Gallagher, Pat Kelleher, Cornelius Linehan, Patrick McGoldrick, Eileen McGuigan, Peggy Nolan, John Nugent, Brigid O'Brien, Hugh O'Neill, Leonard Owen, Kathleen Phylactis, Sean Riordan, Peter Soares, Rose Soares, Jim Tynan, Kathleen Vane, John Ward and Alfred Winiecki.

PRAYERS FOR THE SICK Please pray for those in our community who are sick and housebound, especially all the patients in Goodmayes, King George's and Queen's Hospitals and all the sick Priests of the Diocese. If you would like a sick family member or friend to be included in the "Prayers for the Sick", please speak to Fr David or contact the Parish Office.

SICK AT HOME OR IN HOSPITAL If anyone is seriously ill at home or is in hospital, it is vitally important to let Fr David know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (at King George Hospital, 8590 9026; at Queen's Hospital, 01708 435000; at Whipps Cross Hospital, 8520 5877).

JULIA BEINE RIP – The funeral mass for Julia Beine will take place here on ***Monday, 16 November at 11:00am*** with the committal at Forest Park at 12:30pm. Please pray for the repose of her soul, for the comfort of her family and all who mourn her passing.

May her soul and the souls of all the faithful departed rest in peace. Amen.

REFRESHMENTS AFTER 10.30am SUNDAY MASS Tea & coffee organised by the members of St Teresa's Ladies Guild will be available in the Hall immediately after the 10.30 Mass ***this Sunday.*** Everyone is welcome and all proceeds will go to charitable causes.

NOVEMBER BLESSING OF GRAVES - Fr David will be blessing graves at Forest Park Cemetery ***from 1.30pm this Sunday, 01 November***. Please meet him at the main entrance. At 3:00pm we will have the usual rosary together with the priests and parishioners of St Cedd's at Longwood Gardens cemetery in Barkingside

GRAVE LIGHTS Grave lights, suitable for private visits to graves, are now available from the Repository priced at £2 each. Please place your money in the box marked "Candles".

SANCTUARY LAMP ***This coming week*** the Sanctuary Lamp will be burning in memory of Edwina & Peter Parker, RIP. If you would like to offer a candle to be placed in the Sanctuary Lamp for your own private and personal intentions, please put your donation (£2.50 min) in an envelope marked "Sanctuary Lamp" and the intention and place it in the Repository Box marked "Candles" at the back of the Church.

CHILDREN'S LITURGY GROUP - Children's Liturgy group will be held ***this Sunday at 10:30am***. We are going to expand the age range so that anyone still in primary school is welcome. We will leave it up to individual's parents to decide whether their child would benefit from attending the full mass. For one weekend we will trial the group at both the 6:00pm and 8:00am mass. Hence, on ***Saturday, 21 November*** at 6:00pm mass and ***Sunday, 22 November*** the 8:00am mass, we will be inviting all children of primary school age to try out the Children's Liturgy Group

BELONGING GROUP The Group will meet again on ***Saturday, 07 November*** from 1-4pm in St Cedd's Lower Hall. This outreach programme, which is supported by our Community to defray some of its operating costs, provides hot food, companionship and a warm safe space for anyone in need. If you know of anyone who may benefit from these sessions or would like to find out more or even be part of the Belonging Outreach Programme then please contact Stellamaris (07939821690), Maggie (07538293357) or Mark (07984169087).

CONCELEBRATED REQUIEM MASS The B-Annual Concelebrated Requiem Mass at St Patrick's Cemetery, Leytonstone E11 4HL will take place on ***Monday, 09 November at 11.30am.***

DATE FOR YOUR DIARY There will be a special Mass ***at 7.00pm on Friday, 13 November*** for the repose of the souls of all of those who have passed away this year. Fr David will read out the names of those who have died and anyone who has lost someone is welcome to come forward and light a candle. If no-one comes forward, Fr David will light the candle himself. Even if you have not lost anyone it would be wonderful to come and support those who have.

RECOLLECTION FOR WOMEN There will be a recollection for women on ***Saturday, 21 November***, 2pm to 3.30pm at St Teresa's Church, The recollection comprises of priest led meditations, examination of conscience, rosary, benediction and an opportunity to go to confession. Refreshments will be available afterwards.

NOVEMBER ENVELOPES It is customary to place the names of our departed loved ones on the altar during November, the month of the Holy Souls and to pray for them often at Mass. Please take one of the November envelopes and put the names of your loved ones inside. Please do not include any money in the envelope. If you wish, you can place an offering in the Holy Souls box by the Repository which will be used for Masses for the Holy Souls either here or in a parish where there is need. You may of course request Masses for departed loved ones in the usual way but please bear in mind the current waiting period.

MISSIO RED BOX HOLDERS Thank you so much for supporting the World Mission Sunday. Gentle reminder to bring your Red boxes to church to be emptied. Please collect your new Missio Red Box for next Year's charitable mission

SUPPORTING YOUR CHURCH Provided your circumstance allow it, please try to support the parish financially even if you are unable to attend Mass. Your continued generosity is much needed and, of course, greatly appreciated. Ideally, we would prefer all donations to be made by Standing Order. This is by far the best way for the parish to receive your offering as well as providing a steady income as there are no cash handling fees and we still receive your donation should you be on holiday or miss Mass. Also, please Gift Aid your donation if you are able to. If you have any queries about the Gift Aid scheme, then please contact Pat Callaghan our Gift Aid Organiser on 020 8220 0306 or email patjcallaghan@gmail.com**.**

WHAT DOES IT MEAN TO BE HUMAN IN THE AGE OF AI? The Community of the Canonesses of the Holy Sepulchre, this year in partnership with the Centre for Ecclesial Ethics at the Margaret Beaufort Institute, Cambridge, invite you to a series of talks and discussions exploring one of the most pressing questions of our time: "What does it mean to be human in the age of AI?" The series will be launched by Prof Karen Kilby (Durham University) on **Wednesday, *04 November*** at 7pm (on Zoom). To book your place, visit https://canonesses.co.uk/events/. The talks are free of charge, and you are all most welcome to join us.

SACRED HEART OF MARY 6TH FORM, UPMINSTER OPEN EVENING Join us at Sacred Heart of Mary Girls' School 6th Form Open Evening on ***Thursday, 12 November, from 6–8pm***. Discover the exciting opportunities available, explore our courses and facilities, and find out what makes our Sixth Form a fantastic place to learn, grow and plan for the future. We look forward to welcoming prospective students and their families!

CARITAS BRENTWOOD Join Caritas Brentwood ***on Saturday, 14 November*** *at* St Anne Line, South Woodford for the final special gathering exploring Catholic Social Teaching in action. Hear from inspiring speakers, connect with other parishioners and discover how local parishes are living out our faith**.** To register, and find out more go to: https://www.eventbrite.com/cc/caritas-brentwood-events-4458423

BCCS CHRISTMAS CRAFT & GIFT FAIR Join us for Christmas crafts, stunning gifts & refreshments, in support of BCCS. ***Sunday, 15 November*** - 10:30-15:30 - The Mill Arts & Events Centre, Rayleigh, SS6 7ED £1.50 entry (free for under 14s) & free onsite parking.

CHARITY CHRISTMAS LUNCHEON Join BCCS for a delicious two-course meal, exclusively hosted in the beautiful Grade II listed Georgian House**. *Friday, 04 December*** - 12:30-15:30 - The Lawn, Rochford, SS4 1PL £38.50 per person - book now: www.bccs.org.uk/christmas/christmas-luncheon/ Any questions contact Julie: jabbott@bccs.org.uk | 07912277413

READING THE BIBLE THROUGH ADVENT AND CHRISTMAS Fr Adrian Graffy, parish priest of Gidea Park and member of the Pontifical Biblical Commission, has just published *Reading the Bible through Advent and Christmas*. This new book includes commentary on all the Scripture readings for Mass throughout these two seasons. Full information about the book can be found on the homepage of the website*www.whatgoodnews.org*

70TH ANNIVERSARY YEAR HISTORY of St Edward the Confessor Catholic Church, Romford**.** This new booklet is full of facts and insights about one of the oldest parish churches in the Diocese. The cost is £7 including postage. If you would like a copy please email romford@brcdt.org

FOOD DONATIONS We are once again appealing for donations of food - ideally of the long-life variety. Your donations should be placed in the box at the back of the church and periodically will be taken to the Ilford Drop-in Centre hosted at the Cardinal Heenan Centre in Ss Peter and Paul Church, Ilford.

VOLUNTEERING OPPORTUNITIES The Church has always depended on the goodwill of those who give up their time and talents to help in the running of a Parish and there are a lot of "volunteering" opportunities to choose from. These range from being a Welcomer or Reader at Mass, presenting the Offertory Gifts, being an Offertory Collector or Counter or, if you can sing, becoming a member of the Choir. You could join one of the Cleaner Teams (either laundering the Small Altar Linen or cleaning the Church itself) or perhaps become a member of the Social & Fundraising Group. For the more green-fingered, you might think about joining the Flower Arrangers Group or perhaps help to keep the parish gardens and grounds in good order. You might also be able to help with the general maintenance of our buildings and site. If you would like to know more or would like to volunteer your services for any of the Parish groups etc, please speak to Fr David or email him at ***newburypark@brcdt.org*** and he will pass your name to the person in charge of the group that is of interest to you. Importantly, a parish can only continue to flourish and thrive when parishioners say, in their own different ways, "I can help. I can make a difference."

DIRECTORY OF PROFESSIONS A number of our young parishioners may well be struggling to make a decision about their future and would very much welcome the advice and personal insights of the many diverse professionals in our parish on how best to proceed in determining a possible career path. No matter what your trade or profession is, or was, you will have undoubtedly learned much in your work experience with which you could usefully share with someone preparing to start out on their working life. If you would be willing to give a few words of advice to anyone if asked, please speak or email Fr David and let him have your contact details. Hopefully, we might then be able to put together and publish a Contact Directory.

PARISH REGISTRATION FORM A few occasions have recently arisen when we have needed to contact individual parishioners only to discover that they hadn't completed a Parish Registration Form and consequently we did not have any contact details for them. So, if you haven't so far registered your family details (especially if you are new to the parish), you are urged to do so as soon as possible – Registration Forms can be found in one of the racks in the Porch. Also, if you have already registered your family details, please remember to phone or email the Parish Office to let them know of any contact changes; for more material changes please complete a new Form. And please rest assured that your details will be kept confidential.

BECOMING A SCHOOL GOVERNOR Catholic schools rely heavily on good governance, and we are asking if you, or anyone you know, may be able to support our schools by becoming a foundation governor. There are leaflets at the back of the church. Please contact sandramoss@brcdt.org if you would like to have a conversation about becoming a school governor.

MASS REQUESTS Please note that if you want a Mass said on a particular day then do make this clear on the Mass Request envelope and enter your contact details **so you can be advised if your requested date is not available.** Also, the Parish Office is occasionally asked if there is a set fee for the priest to offer Mass for a particular intention. The simple answer is that there isn't, but the diocesan guidelines currently suggest that a donation of £10 would be appropriate. However, if you cannot afford this, please do not be put off from asking for a Mass to be celebrated.

PARISH BANKING DETAILS The key details for direct payments to the parish bank account are Account Name: Catholic Church, Newbury Park; Sort Code: 40-13-22; Account No: 71019716**. If you use this method, please put your Surname and First name as a reference.** If you are part of the Gift Aid scheme, then please also add your Gift Aid number. Please remember too that all cheques should be made payable to "St Teresa's Catholic Church".

DONATION ENVELOPES If you are in the envelope scheme, please make sure that the number on the envelope you use is the same one which has been allocated to you for this financial year. A reminder too that if you do use one of the light blue general "*Gift Aid*" donation envelopes from the

back of the Church, then you must enter either your Contributor Number or your full name and address on the envelope otherwise we cannot claim any *"Gift Aid"* on your donation. Please DO NOT use these envelopes if you cannot *"Gift Aid"* your donation.

BRENTWOOD CATHOLIC YOUTH SERVICE The BCYS offers retreats, events and pilgrimages for young people throughout the Diocese of Brentwood. If you'd like to get involved, you can find out more at **www.bcys.net** or follow **@BrentwoodCYS** on social media.

FOSTERING IN REDBRIDGE The Council is always looking for foster carers who would like to care for children who are disabled or have additional needs. There are many different care packages offered to support the child and foster carers fully, along with additional allowances for foster carers, and comprehensive training. If you are considering fostering and would like to know more, please visit https://www.redbridge.gov.uk/fosteringfaith or call us on 020 8708 6068 to book a place at one of our information sessions.

BAPTISM PREPARATION If you are expecting a baby or have a baby for baptism in the next couple of months, please speak to Fr David who will help you make the appropriate arrangements.

KIDS BULLETIN A children's version of the gospel is available weekly. This can be accessed on the following website www.thekidsbulletin.com and is aimed at primary school children. It can be downloaded and printed out.

LIFTS TO CHURCH For some people getting to church, whatever the weather, is a genuine concern. It may be that some of you are in a position to offer a lift or would very much like a lift to church, particularly when the weather is bad. This is also a good way of getting to know others in the parish. Whilst those who can walk to church are generally encouraged to do so, if coming by car means you can bring someone else who can't so easily get here then it would be very commendable to do so. If you are able to offer a lift to someone on a regular basis, or if you could really do with a lift to church, please contact the Parish Office. If we can find a suitable match, we will then facilitate an introduction

HOLY SOULS The practice of offering the holy Mass for the repose of the souls of our departed relatives and friends originates in the early church and is deeply rooted in our catholic culture. Both as an act of charity and as a practical act of mercy, we might also care to remember in this way all the forgotten souls in purgatory. The Donations box on the counter at the back of the church by the Repository has a section that is marked for the "Holy Souls". All the donations put into that part of the box are used exclusively for Masses to be said for the Holy Souls here in St Teresa's or, are sent to Missio, for the Masses to be said in a mission diocese overseas.

NEW ALTAR SERVERS If you have made your First Communion and wish to start training as an altar server, please speak to Fr David.

HELP FOR THOSE IN NEED If any families or individuals in our parish community are experiencing serious hardship at present, please contact Fr David in confidence: thanks to the donations accumulated over time specifically for those in need, he may be in a position to offer some support.

POOR BOX The Donations box on the counter at the back of the church by the Repository has a section that is marked for the "Poor". All the donations put into that part of the box are used exclusively to help those in need especially those who occasionally call at the Presbytery seeking assistance. Any contributions would, of course, be most welcome and gratefully received.

TWIN PARISH Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Khulekani Dube.

MAINTENANCE MATTERS If parishioners have any suggestions for works/defects which they think need attention either in the Church, Parish Hall, Pastoral Centre or grounds then please let Fr David or the Parish Secretary know either directly, or by email to ***newburypark@brcdt.org.*** Suggestions will be considered and prioritised according to urgency and available funds.

CAR PARKING Please park responsibly and take care not to obstruct emergency access to the church.

CHURCH GROUNDS Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

PARISH HALL All enquiries about the booking arrangements for and conditions of hiring the Parish Hall should be addressed to Sid James, the Hall Manager. He can be contacted on 07887983310 or by email at ***cfj65@btinternet.com***

PARISH WEBSITE The website is an ideal medium for sharing with fellow parishioners' photos of various Parish events. So, if you have organised or attended a parish event and have some great pictures, please send them to ***newburypark@brcdt.org*** and we'll try and put them on the website for everyone to see and enjoy. Also, if you would like a copy of any of the photos on the website then please email ***newburypark@brcdt.org***

VISITORS If you are a visitor to St Teresa's then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a taxpayer and would like to "Gift Aid" your Offertory donation, then please use one of the special blue general purpose "Gift Aid" envelopes which you will find at the back of the Church.

NEW PARISHIONERS You are very welcome here. Please make yourselves known to Fr David and complete one of the Parish Registration Forms as soon as possible.

VOTIVE CANDLES Please be extremely careful when lighting votive candles and only use those provided on the stand.

MOBILE PHONES Please ensure that your mobile phone is switched off/turned to silent while you are visiting the church (especially during the Celebration of the Mass).

NEWSLETTER ITEMS If you have any items for inclusion in the weekly Newsletter then please email them to ***newburypark@brcdt.org The copy deadline for including items in the Newsletter is Tuesday, 12noon.***

JOB OPPORTUNITIES

SCHOOL VACANCIES All Brentwood Diocesan Catholic School Vacancies (of which the Education Services Department are aware) are posted on the Diocesan website- *https://www.dioceseofbrentwood.net/departments/education/vacancies/school-vacancies/*

PA TO THE PARISH PRIEST- OUR LADY OF LOURDES- WANSTEAD A vacancy has arisen for a PA to the Parish Priest. To role is to provide administrative support to the Parish Priest by implementing and maintaining office systems, processes and procedures and delivering a welcoming, appropriate service to those making enquiries or attending the parish office. All applicants should have good administrative, social and technical skills. The post will be part-time working 30 hours per week – (working pattern tbc). The salary is £15.45 per hour, ***The closing date for applications is Tuesday, 10 November*** and suitable applicants will be invited to attend an interview on 18 November. If you have any queries or if you would like to apply, please send your CV to wanstead@brcdt.org